



Center for Mindfulness
in Medicine, Health Care, and Society

 University of
Massachusetts
UMASS Medical School
Department of Medicine,
Division of Preventive and
Behavioral Medicine

10th Annual International Scientific Conference

Investigating and Integrating Mindfulness in Medicine, Health Care, and Society

March 28 – April 1, 2012

Four Points by Sheraton Hotel and Conference Center, Norwood, MA USA

Dear Friend and Colleague,

Are you curious, open, and passionate about creating a community of scientists, clinicians and educators intent on exploring the convergence of science, mindfulness, and the democratic spirit of participation? If such a vision enlivens you, we welcome your participation in our upcoming 10th annual international scientific conference, *Investigating and Integrating Mindfulness in Medicine, Health Care and Society*.

This year's Conference is dedicated to *you*...and to all of those known and unknown to us who have dedicated their lives to the unfolding and flowering of a more awakened and compassionate world. *Your* deep commitment to practicing, researching, and teaching mindfulness is life-giving and makes you an indispensable member of this community.

Feedback from the global community of participants continues to affirm the depth, power and uniqueness of this meeting to inter-embed both the science and practice of mindfulness into a seamless river of inspiration and rigor, wisdom and sensitivity. This year's meeting is March 28-April 1, 2012.

Here are some Conference highlights:

- A rich and diverse program with 100+ presenters offering more than 75 programs and presentations,
- The annual *John and Tussi Kluge Research Symposium: Embodiment of Mindfulness: Neuroscience and Clinical Perspectives*,
- Keynote addresses, workshops, poster and breakout sessions, pre-conference institutes and half-day workshops,
- *Shoulder-to-Shoulder*, a full-day training retreat intended to affirm and strengthen our foundational commitment to mindfulness practice,
- A *Gala Evening* celebration filled with great food, people, music and fun,
- A state of the art conference facility with ample guest rooms and free parking located in Norwood, Massachusetts. Just outside of Boston, Norwood is in close proximity to Boston's Logan International Airport, Providence's TF Green Airport, Amtrak, and commuter rail lines.

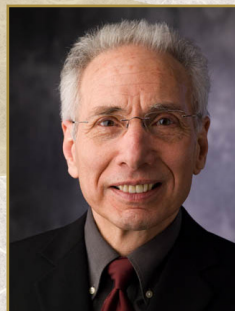
Your presence at this year's conference will support a deepening of our collective commitment to this work in the realms of clinical care, research, professional education and training, and for the potential of mindfulness to benefit the world.

Please be sure to carefully review our on-line brochure and plan your travels accordingly. Please visit our website to review the full conference proceedings and to register early to receive the 10% early bird discount! Looking forward to our time together in March...

Warmly,



Saki F. Santorelli, EdD, MA
Conference Chair



PLENARY SPEAKERS:

Linda E. Carlson, Ph.D., R.Psych.

Enbridge Research Chair in
Psychosocial Oncology
Alberta Heritage Foundation for
Medical Research Health Scholar
Professor, Department of
Oncology, Faculty of Medicine
Associate Professor, Department of
Psychology, Faculty of Arts
University of Calgary

**Rebecca Crane, MA, MBACP
(accred), DIPCOT**

Head of Research; Teacher and
Trainer
Centre for Mindfulness Research
and Practice
School of Psychology
Bangor University, Wales, UK

Richard J. Davidson, PhD

Director, Lab for Affective
Neuroscience & Waisman Lab for
Brain Imaging & Behavior
University of Wisconsin-Madison
Psychology Department
Madison, Wisconsin

Saki F. Santorelli, EdD, MA

Conference Chair
Associate Professor of Medicine
Executive Director, Center for
Mindfulness
University of Massachusetts
Medical School

Zindel Segal, PhD

Cameron Wilson Chair in
Depression Studies
Head of the Mood and Anxiety
Disorders Program
Professor, Department of Psychiatry
University of Toronto, Ontario,
Canada



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